

# YOGA CLASSES

everyday, different classes  
@tourist island

Class	Mon	Tue	Wed	Fri	Sat
Beginner yoga	7.30 AM		8 PM		1 PM
Advanced yoga	8 PM	7 PM		8 PM	
Duo yoga		8 PM			9 AM
Kids yoga (5- 13)	4 PM		1 PM	4 PM	
High-frequency yoga		7.30 PM		9 PM	10 AM